

CIVIL SERVICE ATHLETIC ASSOCIATION

VETERANS ATHLETICS CHAMPIONSHIP RECORDS

MEN'S RECORDS

TRACK

Event	Age Group	Name	Dept	Time	Year
100m	35	Joe Appiah	HMRC	11.70	2006
	40	Will MacGee	HASSRA	11.30	2008
	45	David Elderfield	MOD	11.70	2001
	50	David Elderfield	MOD	11.90	2007
	55	Gordon Daborn	DTI	12.90	1988
	60	Gordon Daborn	DTI	13.10	1992
	65	Gordon Daborn	DTI	13.50	1997
	70	Gordon Daborn	DTI	14.80	2002
	75	Doug Milton	MOD	16.30	1997/1998
	80	Doug Milton	MOD	19.40	2000
200m	35	Paul Bland	DEFRA	24.80	2008
	40	Will MacGee	HASSRA	22.90	2008
	45	David Elderfield	MOD	23.80	2001
	50	David Elderfield	MOD	23.90	2007
	55	Gordon Daborn/ John Ross	DTI/	26.20	1988
			Scot Off		1993
	60	John Ross	Scot Off	26.90	2000
	65	John Ross	Scot Off	28.10	2005
70	C Taylor	MOD	36.00	2003	
75	Doug Milton	MOD	36.20	1988	
400m	35	Paul Nelson	DEFRA	57.70	2008
	40	Darrell Maynard	HO	50.50	2001
	45	David Elderfield	MOD	54.20	2001
	50	David Elderfield	MOD	52.60	2007
	55	John Ross	Scot Off	58.33	1997
	60	Laurence Oldfield	MOD	61.50	2004
	65	John Ross	Scot Exec	61.40	2006
	70	Gordon Daborn	DTI	79.80	2002
800m	35	Andy Goodair	HASSRA	2.15.80	2007
	40	M Phillips	ONS	2.08.30	2000
	45	Malcolm McCausland	IR	2.10.10	2000
	50	K Welsh	C&E	2.17.10	1988
	55	John Ross	Scot Off	2.12.10	1993
	60	Tom Clowry	MOD	2.18.60	1991

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	65	John Ross	Scot Exec	2.35.90	2006
1500m	35	Andy Goodair	HASSRA	4.23.5	2007
	40	D Galloway	DSS	4.18.5	1987
	45	Andy Tindall	SPARTA	4.22.2	2007
	50	K Donkin	MOD	4.30.1	2007
	55	I Vaughan-Arbuckle	FO	4.50.5	1993
	60	Jim Bell	HASSRA	5.14.1	2009
	65	C Portsmore	MOD	5.36.6	2000
5000m	35	Steve Norris	MOD	16.16.1	2007
	40	Phil Parry	MOD	15.32.9	2004
	45	Jim Bell	DHSS	16.07.0	1997
	50	P Mellor	DOET	15.21.8	1988
	55	P Mellor	DOET	17.12.0	1987/1993
	60	Jim Bell	HASSRA	18.25.6	2009
	65	C Portsmore	MOD	20.28.2	2000
80m H	60	Brian Harlick	Cab Off	21.80	2003
	70	Gordon Daborn	DTI	14.60	2002
100m H	50	Ty Lewis	MOD	15.80	1999
	55	Ty Lewis	MOD	16.50	2004/2005
	60	Gordon Daborn	DTI	16.70	1992
	65	Gordon Daborn	DTI	18.30	1997
110m H	35	Joe Appiah	HMRC	15.60	2006
	40	D Richards	MOD	18.30	2005
	45	Ty Lewis	MOD	18.00	1995
	50	J Philips	GCHQ	21.90	1988
	55	Gordon Daborn	DTI	19.30	1988
300m H	60	Gordon Daborn	DTI	49.45	1994
	65	Gordon Daborn	DTI	51.80	1997
	70	Gordon Daborn	DTI	53.10	2002
400m H	35	Peter Coates	LR	1.02.70	2007
	40	David Elderfield	MOD	62.70	2000
	45	Ty Lewis	MOD	61.50	1995
	50	Ty Lewis	MOD	62.60	1999
	55	Ty Lewis	MOD	65.70	2006
	60	J Southgate	MOD	82.80	1988

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2000m Sc	40	Andy Tindal	ODPM	6.32.90	2003
	45	Peter Weatherhead	MOD	6.53.80	1996
	50	Colin Laidlaw	HASSRA	8.09.90	2006
	60	G reed	MINERVA	10.28.70	2008
3000m Sc	40	H Darborn	Sp Co	10.11.90	1987
	55	J Osborne	D Emp	15.15.80	1989
3000mW	40	John Hall	MAFF	13.33.70	1990
	45	D Baxter	IR	13.30.70	1990
	50	D Baxter	IR	13.57.20	1992
	55	John Hall	DEFRA	14.54.00	2004
	60	John Hall	DEFRA	15.43.5	2009
	65	Colin Stapleford	MOD	17.26.90	2000
	70	Colin Stapleford	MOD	18.31.10	2005

FIELD

Event	Age Group	Name	Dept	Dist/Height	Year
Shot	35	Warren Serrao	HASSRA	8.99	2008
	40	Malcolm Fenton	C&E	13.18	1996
	45	Andy Kruszewski	BERR	12.46	2007
	50	Malcolm Fenton	HMRC	12.23	2006
	55	Gary Negus	MOD	12.31	1999
	60	Gary Negus	MOD	11.04	2006
	65	Gary Negus	MOD	11.45	2007
	70	C Taylor	MOD	10.38	2003
	75	Doug Milton	MOD	9.07	1998
	80	Doug Milton	MOD	8.15	2000
	85	Doug Milton	MOD	6.26	2006
	Discus	35	Peter Coates	LR	27.74
40		Andy Kruszewski	DTI	42.30	1999
45		Andy Kruszewski	DTI	41.13	2006
50		J Weightman	MOD	37.78	1994
55		J Weightman	MOD	34.48	1996
60		Peter Eddy	HASSRA	38.94	2004
65		Peter Eddy	HASSRA	34.29	2009
70		C Taylor	MOD	24.47	2003
75		Doug Milton	MOD	21.66	1996
80		Doug Milton	MOD	18.11	2000

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	85	Doug Milton	MOD	15.07	2005
Javelin	35	Jonathan Evans	HASSRA	36.68	2008
	40	Phil Tyley	MOD	42.50	2008
	45	Malcolm Fenton	C&E	36.71	2001
	50	K Chamey	C&E	32.96	1991
	55	J Phillips	GCHQ	44.80	1990
	60	J Phillips	GCHQ	42.96	1997
	65	J Phillips	GCHQ	41.82	2000
	70	Gordon Daborn	DTI	25.69	2006
	75	Doug Milton	MOD	25.52	1996
	80	Doug Milton	MOD	20.47	2001
	85	Doug Milton	MOD	16.34	2005
Hammer	35	Fergus Harford	HASSRA	35.84	2006
	40	Fergus Harford	HASSRA	38.30	2007
	45	Chris Privett	MOD	46.22	2007
	50	Malcolm Fenton	HMRC	60.97	2006
	55	John Crahan	NHSPA	24.59	2007
	60	Gary Negus	MOD	38.20	2006
	65	Gary Negus	MOD	38.68	2007
Long Jump	35	Paul Bland	DEFRA	5.23	2008
	40	Peter Coates	LR	5.78	2008
	45	Trevor Wade	BT	6.04	2006
	50	Trevor Wade	BT	5.64	2006
	55	Ty Lewis	MOD	5.18	2004
	60	Gordon Daborn	DTI	4.40	1994
	65	John Ross	Scot Exec	4.15	2005
	70	J Swinton	DTI	3.53	1995
	75	J Swinton	DTI	3.23	1997
Triple Jump	35	Keith Newton	MOD	13.25	2008
	40	Keith Newton	MOD	12.67	2009
	50	T Wade	BT	11.53	2006
	55	Ty Lewis	MOD	10.07	2006
	60	Peter Eddy	HASSRA	7.91	2005
	65	Peter Eddy	HASSRA	6.99	2009
High Jump	35	Joe Appiah	HMRC	1.65	2006
	40	D Richards	MOD	1.67	2003
	45	I McEwan	IR	1.67	2004
	50	D Talbot	HASSRA	1.58	2004
	55	D Talbot	HASSRA	1.57	2009
	60	J Phillips	GCHQ	1.30	1999

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	65	C Taylor/ J Phillips	MOD GCHQ	1.25	2000 2002
	70	C Taylor	DTI	1.15	2003

WOMEN'S RECORDS

TRACK

Event	Age Group	Name	Dept	Time	Year
100m	35	Kay Reynolds	NRPB	13.30	2004
	40	Gaye Clarke	HASSRA	13.80	2000
	45	Gaye Clarke	HASSRA	13.70	2005
	50	Grete Howarth	IR	15.90	2002
	55	Grete Howarth	HMRC	18.2	2007
	60	Nina Foord	LAND REG	19.9	2009
200m	35	Sharon Trusch	HMRC	26.80	2008
	40	M Williams	MOD	29.10	1988
	45	Gaye Clarke	HASSRA	28.70	2005
	50	Ros Townsend- Hope	HASSRA	34.10	2005
	55	Ros Townsend- Hope	HASSRA	35.00	2009
400m	35	Sharon Trusch	HMRC	60.50	2008
	40	Kate Else	IR	67.70	2004
	45	L Lapierre	DOET	68.94	1997
	50	Ros Townsend- Hope	HASSRA	75.10	2005
	55	Ros Townsend- Hope	HASSRA	79.1	2009
800m	35	C Smith	MOD	2.22.60	1995
	40	Ros Townsend- Hope	Health	2.38.80	1998
	45	M Wood	HASSRA	2.42.40	2003
	50	Ros Townsend- Hope	HASSRA	2.51.20	2004
	55	Sue Cariss	HMRC	2.54.00	2005
	60	D Amos	C&E	3.16.40	1991
1500m	35	S Francis	MINERVA	4.58.30	2008
	40	C McCarthy	MOD	5.16.80	1993
	45	M Wood	HASSRA	5.30.50	2003

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	50	Maggie Statham	DTI	5.39.10	2005
	55	Sue Cariss	HMRC	5.28.20	2005
	60	Bridget Cushen	COI	7.22.20	2002
3000m	35	Maggie Statham	DTI	10.27.00	1992
	40	C McCathy	MOD	11.09.10	1987
	45	M Wood	HASSRA	11.34.40	2003
	50	Maggie Statham	DTI	11.58.40	2005
	55	Sue Cariss	HMRC	11.10.80	2005
	60	Bridget Cushen	INFO	15.13.20	2001
5000m	35	F Clyde	DSS	20.46.60	1995
80m H	35	Grete Howarth	IR	18.40	1994
	40	Gaye Clarke	HASSRA	13.00	2003
	45	Gaye Clarke	HASSRA	12.60	2005
	50	Paula Booth	HASSRA	16.10	2008
	55	Grete Howarth	HMRC	21.40	2008
100m H	35	Kay Reynolds	NRPB	15.30	2004
	40	Grete Howarth	IR	21.00	1996
	45	L Parkins	DOET	21.30	1992
400m H	35	C Smith	MOD	69.84	1994
	40	Gaye Clarke	HASSRA	80.80	2001
300m H	50	Paula Booth	HASSRA	61.60	2008
3000m Walk	35	Lynn Bradley	HMRC	17.02.09	2005
	40	S Morrison	IR	16.58.20	1989
	45	Sandra Brown	Treas	15.05.20	1996
	50	Val Mountford	C&E	20.32.50	1996
	55	Sandra Brown	HM Courts	16.31.20	2006
	60	Val Mountford	HMRC	21.52.40	2005

FIELD

Event	Age Group	Name	Dept	Dist/Height	Year
Shot	35	Vilma Thompson	DTI	11.21	1989
	40	F Ward	DEFRA	11.25	2009
	45	Vilma Thompson	DTI	9.60	2000
	50	Vilma Thompson	DTI	10.30	2004
	55	Vilma Thompson	MINERVA	10.82	2008

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	60	Joyce Rammell	Forestry Co	8.19	2009
Discus	35	D Krzyanowski	MAFF	26.68	1999
	40	Alice Simmons	IR	27.27	2003
	45	J Smith	IR	24.82	2003
	50	Vilma Thompson	DTI	25.28	2004
	55	Vilma Thompson	MINERVA	23.74	2008
	60	Joyce Rammell	Forestry Co	20.88	2009
Javelin	35	Vilma Thompson	DTI	31.62	1990
	40	Vilma Thompson	DTI	28.70	1995
	45	Vilma Thompson	DTI	26.98	1997
	50	Vilma Thompson	DTI	25.51	2003
	55	Vilma Thompson	MINERVA	24.45	2008
	60	Joyce Rammell	Forestry Co	17.34	2009
Hammer	35	K Alford	RCSL	27.57	2009
	40	Alice Simmons	HMRC	23.32	2005
	45	Gaye Clarke	HASSRA	26.61	2006
	50	Vilma Thompson	DTI	23.16	2005
	55	Vilma Thompson	MINERVA	30.20	2008
	60	Joyce Rammell	Forestry Co	27.32	2009
Long Jump	35	Kay Reynolds	NRPB	4.89	2003
	40	Gaye Clarke	HASSRA	4.47	2000
	45	Gaye Clarke	HASSRA	4.57	2005
	50	Grete Howarth	IR	3.72	2003
	55	Joyce Rammell	Forestry Co	3.42	2005
	60	Joyce Rammell	Forestry Co	3.40	2009
Triple Jump	35	Natasha Brunning	HO	10.21	2008
	45	Gaye Clarke	HASSRA	8.94	2007
	50	Grete Howarth	IR	5.80	2006
	55	Joyce Rammell	Forestry Co	7.41	2005
	60	Joyce Rammell	Forestry Co	6.90	2009
High Jump	35	Kay Reynolds	NRPB	1.55	2004
	40	F Ward	DEFRA	1.40	2009
	45	Gaye Clarke	HASSRA	1.32	2005
	50	L Parkins	DOE	1.20	1995